

Hawaii Volcano Tours™ Tour Checklist

Kilauea Lava Flow

These are recommended !!

- long pants
- sturdy shoes
- sunglasses
- sunscreen
- hat
- camera and film

Not recommended !!

- open shoes, flipflops, 'slippahs' or sandals
- running or athletic shoes
- swim suits
- shorts!

Hamakua Coast Explorer

These are recommended !!

- long pants or shorts
- sturdy shoes or sandals
- sunglasses
- sunscreen
- hat
- camera and film

Saddle Road Mauna Loa Adventure

These are recommended !!

- long pants recommended (hiking shorts are ok)
- sturdy shoes (light to medium weight hiking shoes are ideal)
- light windbreaker
- sunglasses
- sunscreen
- hat
- camera and film

Not recommended !!

- open shoes, flipflops, 'slippahs' or sandals
- swim suits
- athletic or running shoes

Special note: Our destination on Mauna Loa is 11,000 ft high and the oxygen is thin – if you have any concerns about your ability to visit a high altitude environment please consult with your physician.

Hawaii Volcanoes National Park

These are recommended !!

- long pants
- sturdy shoes
- sunglasses
- sunscreen
- hat
- camera and film

Not recommended !!

- open shoes, flipflops, 'slippahs' or sandals
- swim suits
- shorts
- running or athletic shoes

Mauna Kea Summit *

These are recommended !!

- long pants
- sturdy shoes
- sunglasses
- sunscreen
- hat
- camera and film

Not recommended !!

- open shoes, flipflops, 'slippahs' or sandals
- running or athletic shoes
- swim suits
- shorts

* Not permitted on this Tour !!

- Pregnant women
- Children under 16
- Persons with cardio- pulmonary conditions
- People who have been scuba diving 36 hours prior to tour departure
- Person in poor health or with breathing problems

Special note: The summit of Mauna Kea is 13,796 ft (4205 meters) high and the oxygen is thin – if you have any concerns about your ability to visit a high altitude environment please consult with your physician.

Custom Tours

Please consult with your HVT representative for recommended clothing and equipment when planning your Custom Tour!